



Sacramento Natural Foods Coop

Product Standards

The Sacramento Natural Foods Co-op holds high standards for the products we sell. We are committed to supplying our community with the healthiest and freshest foods available on the market. Below is an overview of the standards across all departments along with any additional departmental guidelines that must be met in order to sell at the Co-op. A full list of unacceptable ingredients is listed on the reverse side.

The Co-op, will not sell:

1. Foods that contain **artificial preservatives, sweeteners, flavorings, colors, hydrogenated oils or high fructose corn syrup.**
2. Any products that contain **artificial flavorings or colorings**
3. Any products from animals, including milk and milk by-products, meat and eggs, that have been treated with **recombinant Bovine Growth Hormone (rBGH)** or any other **growth hormones.**
4. Products from manufacturers or corporations who engage in **unnatural processes**, such as, forced molting, caged chickens or confined feed lots.
5. Body care products whose ingredients have been used in **laboratory animal testing.**
6. Any new non-organic food or product that may contain **genetically engineered ingredients**, especially those containing **high risk crops** (alfalfa, canola, corn, cotton, soy and sugar beets) unless they are Non- GMO verified or the vendor can provide a detailed description of their avoidance measures (meat, eggs, dairy, beer, wine and body-care products are excluded from this policy at this time).

Produce

All produce must be certified organic.

Grocery

See above guidelines.

Meat and Seafood

All Seafood must meet the Monterey Bay Aquarium Seafood Watch standards and cannot be red listed. Poultry must be cage-free and chicken, air-chilled. Meat must be traceable. Organic and small family farms are preferred.

Wellness

See above guidelines.

Beer Wine and Cheese

Must comply with Sacramento City Code Title 5 Ch. 5.08.100. Organic, farmstead and artisan cheeses preferred.

Deli

All produce, grains and beans must be certified organic. Organic, local and seasonal products are preferred when available.

Unacceptable Ingredients:

Acesulfame-K (Acesulfame-Potassium)	Diazolidinyl Urea	Potassium Bisulfite (See Also Potassium Metabisulfite & Sulfites)
Acetylated Esters of Mono- And Diglycerides	Dimethicone	Potassium Bromate
Advantame	Dimethylpolysiloxane	Potassium Metabisulfite (See Also Potassium Bisulfite & Sulfites)
Aerosol Sprays with Chlorofluorocarbon	Dioctyl Sodium Sulfosuccinate (DSS)	Potassium Sorbate^
Ammonium Chloride	Disodium Calcium EDTA	Propionates
Ammonium Lauryl Sulfate	Disodium Cocoamphodiacetate*	Propyl Gallate
Amodimethicone*	Disodium Dihydrogen EDTA	Propylene Glycol
Artificial Colors (Red #3, Red # 40, Yellow #5, Yellow #6, Blue #1, Blue #2, Green #3)	Disodium Guanylate	Propylparaben
Artificial Flavors	Disodium Inosinate	RBGH (Recombinant Bovine Growth Hormone)
Aspartame	DL-Alpha Tocopherol (Synthetic Vitamin E)	Saccharin
Astaxanthin (Artificial)1	EDTA	Simplese
Azodicarbonamide	Equal	Sodium Aluminum Phosphate
Behentrimonium Methosulfate*	Ethoxyquin	Sodium Aluminum Sulfate
Benzoates	Ethyl Vanillin	Sodium Bisulfite
Benzoyle Peroxide	Ethylene Oxide	Sodium Cocoyl Sarcosinate
BHA (Butylated Hydroxyanisole)	Ethylhexylglycerin*	Sodium Diacetate
BHT (Butylated Hydroxytoluene)	Glycereth-7 Cocoate*	Sodium Glutamate
Bleached Flour	GMP (Disodium Guanylate)	Sodium Hydroxymethylglycinate
Bromated Flour	Hepta-Esters of Sucrose	Sodium Laureth Sulfate
Brominated Vegetable Oil (BVO)	Hexa-Esters of Sucrose	Sodium Lauroyl Sarcosinate
BST (Bovine Somatotropin)	High Fructose Corn Syrup	Sodium Lauryl Carboxylate
Butane Glycol	Hydrogenated Oil*	Sodium Lauryl Sulfate*
Butylene Glycol	IMP (Disodium Inosinate)	Sodium Lauryl Sulfoacetate*
Calcium Bromate	Irradiated Foods	Sodium Metabisulfite
Calcium Disodium EDTA	Isoceteth 20	Sodium Myreth Sulfate*
Calcium Peroxide	Isopropyl Palmitate*	Sodium Nitrate/Nitrite
Calcium Propionate	Lactylated Esters of Mono and Diglycerides	Sodium PCA (Na PCA) Pyrrolidone Carbonic Acid*
Calcium Saccharin	Lauramide MEA	Sodium Propionate
Calcium Sorbate	Lauryl DEA (Lauramide DEA)	Sodium Stearoyl-2-Lactylate
Calcium Stearoyl-2-Lactylate	Methoxycinnamate	Sodium Sulfite
Canthaxanthine	Methyl Silicon	Sodium Tripolyphosphate 3
Caprocaprylobehenin	Methylparaben	Solvent Extracted Oils (As Stand Alone Ingredient)*
Caramel Color *	Microbeads	Sorbic Acid
Carbomer*	Microparticularized Whey Protein	Soyamidopropalkonium Chloride*
Carmine (Cochineal)*	Monosodium Glutamate (MSG) 2	Stearamidopropyl Dimethyl Amine
Carrageenan *	Natamycin+	Sucralose (Splenda)
Cetareth-20	Neotame	Sucroglycerides
Cetrimonium Chloride	Nitrates/Nitrites*	Sucrose Polyester (Olestra)
Cochineal (Carmine)	NutraSweet	Sulfites 4 (Sulfur Dioxide) (See Also Potassium Bisulfite & Potassium Metabisulfite)~
Coco DEA (Cocomide DEA)	Olefin Sulfonate*	Sweet-N-Low
Cocoamidopropyl Betaine	Olestra	Talc
Cottonseed Oil	Oleyl Betaine	TBHQ (Tertiary Butyl Hydroquinone)
Cyclamates	Parabens (Methyl, Propyl, Butyl, Etc.)	Tetrasodium EDTA
Cyclopentasiloxane	Partially Hydrogenated Oil (Source of Trans Fats)	Titanium Dioxide*
Cysteine (L-Cysteine)	PEG-150 Distearate	Tocopherols, synthetic (Vitamin E)
DATM (Diacyl Tartaric and Fatty Acid Esters of Mono And Diglycerides)	PEG-7 Glyceryl Cocoate	Triclosan
Diacyl	Polydextrose	Vanillin
	Polyquaternium 10*	
	Potassium Benzoate	

* Acceptable ingredient in body care products

^ Acceptable in supplements

+ Acceptable on cheese rinds and sausage casings

~Acceptable in non-organic wine and hard cider