

# JUICES & SMOOTHIES

Made with certified organic produce, juices and milks

## SMOOTHIES

12OZ **\$6.00** 16OZ **\$7.50** 20OZ **\$8.00**

**AVO GOOD DAY** avocado, orange, kefir, banana, lime, cilantro

**PEACHY KEEN** peach, mango, peach nectar

**TROPICAL BLISS** banana, mango, pineapple, vanilla coconut bliss, orange juice

**SUNSHINE DELIGHT** banana, strawberries, pineapple juice, coconut water

**HURDY GURDY** banana, chocolate syrup, peanut butter, soy milk

**KICKIN KALE** banana, apple, kale, ginger, lemon

## JUICES

12OZ **\$6.00** 16OZ **\$7.50** 20OZ **\$8.00**

**GREEN HORNET** cucumber, celery, wheatgrass, garlic

**LIQUID LUNCH** carrot, cucumber, celery, apple, bell pepper, parsley, garlic, soy protein powder

**G-FORCE** carrot, apple, lemon, ginger

**CITRUS ZINGER** cucumber, orange, apple, lemon, ginger

**SWEET TREAT** carrot, beet, apple, spinach

**MADAM CURIE** carrot, beet, lemon, garlic, ginger

## CREATE YOUR OWN

12OZ **\$5.25** 16OZ **\$6.25** 20OZ **\$7.25**

### JUICES

**CHOOSE YOUR BASE** apple, carrot, celery, orange, cucumber

**ADD-ONS 50¢ EACH** beet, cucumber, kale, lemon, parsley

**MORE ADD-ONS \$1.00 EACH** bell pepper, garlic, ginger, spinach, whey protein, soy protein, bee pollen, spirulina

### SMOOTHIES

**CHOOSE YOUR BASE** orange or apple juice, cucumber, peach nectar, milks: whole, 2%, skim, almond, coconut, soy

**ADD-ONS 50¢ EACH** banana, strawberries, blueberries, peaches, mango, raspberries, pineapple, vanilla, caramel syrup, chocolate syrup, carob

**MORE ADD-ONS \$1.00 EACH** vanilla coconut bliss, kefir, whey protein, soy protein, bee pollen, spirulina, peanut butter

**ADDITIONS \$2** Vegan Protein, Collagen, Avocado

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**ASK ABOUT CREATING A CUSTOM JUICE OR SMOOTHIE**