

SANDWICHES & GRILL

Made with organic produce, meats free of growth hormones and antibiotics and locally sourced breads.

SPECIALTY

Our signature creations, no substitutions

BANH MI (PORK OR VEGAN) slow-roasted pork or oyster mushrooms, Sriracha spread, pickled onion, jalapeno, cilantro, mint, carrot, cucumber on Pugliese **\$13.99**

VANH MI WRAP Cilantro Rice, oyster mushrooms, Sriracha Veganaise, pickled onion, jalapeno, cilantro, mint, carrot, cucumber in a spinach wrap. **\$13.99**

ROAST TURKEY, BACON & AVOCADO free range turkey breast, bacon, monterey jack cheese, avocado, tomato, lettuce, mayo on Grateful Bread focaccia **\$11.99**

ITALIAN SUB salami, ham, prosciutto, mozzarella, romaine, caper mayo on Grateful Bread ciabatta **\$9.99**

CHICKEN & SWISS roasted chicken, swiss cheese, roasted red bell peppers, grilled red onion, basil mayo, lettuce on sourdough **\$8.99**

ROAST BEEF AND BLEU roast beef, pickled red onion, bleu cheese, roasted red pepper, arugula, and horseradish mayo on a Pugliese roll **\$10.99**

KALE PESTO TOFU tofu, house made kale pesto, lettuce, tomato, red onion, tofu-mayo on honey whole wheat bread **\$7.99**

GRILLED TO ORDER

Grill items feature house made meat and veggie patties

VEGETARIAN FLORENTINE BURGER house-made Florentine patty, served with lettuce, red onion, tomato, pickles, mustard & mayo on an Old Soul bun **\$9.99**

BURGER - BEEF OR TURKEY hand formed burgers come with lettuce, tomato, red onion, pickles, mustard & mayo on an Old Soul bun **\$9.99**

ALL-AMERICAN BURGER two Strauss beef patties with cheddar cheese, dill pickle, red onion, lettuce, Special Sauce, Old Soul bun **\$10.99**

CHIPOTLE SWEET POTATO chipotle sweet potato, arugula, grilled onion, tomato, avocado, lime tofutti sauce on honey whole wheat bread **\$8.99**

APPLE & BRIE green apple, brie, grilled red onion, arugula, extra virgin olive oil, balsamic vinegar on sourdough bread **\$8.99**

EGGPLANT, GOAT CHEESE & SPINACH grilled eggplant, goat cheese, red bell pepper, spinach on Grateful Bread ciabatta **\$8.99**

KID BURGER hand formed 3 oz Strauss beef patty, comes with mayo and cheddar cheese on an Old Soul bun **\$4.99**

CREATE YOUR OWN

Your signature creation

LOCALLY BAKED BREAD honey whole wheat, sourdough, nine grain, rye, gluten-free bread, spinach wrap, focaccia, ciabatta, Pugliese

CONDIMENTS mustard, mayo, basil mayo, caper mayo, horseradish mayo, tofu mayo, kale pesto, hummus

PROTEIN OPTIONS
turkey breast, chicken breast, tuna salad **\$8.99**
ham, prosciutto, roast beef, salami, bacon, smoky tempeh **\$9.99**

VEGETARIAN OPTIONS
egg salad, hummus, grilled tofu, grilled eggplant **\$7.99**

CHEESE cheddar, monterey jack, pepper jack, mozzarella, swiss, cream cheese

SEASONAL ORGANIC PRODUCE
lettuce, mixed greens, spinach, tomato, red onion, grated carrot, cucumber, sprouts, sunflower seeds, pickle, jalapenos, pepperoncinis

ADDITIONS \$1 extra cheese, egg

\$2 extra meat, avocado