

Fresh

WEEKLY SAVINGS

SACRAMENTO NATURAL
FOODS CO-OP
Locally Owned Since 1973

JULY 24 - JULY 30

BLACK AND RED PLUMS

Various Local Growers,
California

Local

Organic

\$5.49 ^{lb}
Reg. \$6.99 lb

WAGYU RIBEYE

First Light



\$6.50 off ^{lb}
Reg. \$27.49

HEIRLOOM TOMATOES

Terra Firma Farm,
Winters, CA



Organic

Local **\$6.29** ^{lb}
Reg. \$7.99

GORGONZOLA CLASSIC PIQUANT

Guffanti



\$8 off ^{lb}
Reg. \$37.99

FETA

Valbreso



\$6.99 ^{7 oz}
Reg. \$9.29

RED ONIONS

Terra Firma Farm & Good Humus, CA



\$1.99 ^{lb}
Reg. \$3.99

MARGARITA

Yuzy



\$10.49 ^{375 ml}
Reg. \$13.49

Select Varieties

SPLIT SEASONED CHICKEN FRYERS

Co-op Crafted



\$3.99 ^{lb}
Reg. \$4.99

BABY SPINACH

Organic Girl, Salinas, CA



\$6.99 ^{16 oz}
Reg. \$8.99

VEGAN BACON SEITAN

Upton's



\$4.29 ^{5 oz}
Reg. \$5.49

BLUEBERRIES

Betterful, OR



\$4.99 ^{pint}
Reg. \$7.99

SWEET CITRUS

Pressed Juicery



\$3.99 ^{12 oz}
Reg. \$5.79

CHORIZO PORK SAUSAGE

Co-op Crafted



\$5.99 ^{lb}
Reg. \$7.99

PARMIGIANO-REGGIANO

Boni



\$5 off ^{lb}
Reg. \$20.99

GLUTEN FREE ORIGINAL BAGUETTES

Against the Grain Gourmet



\$6.49 ^{15 oz}
Reg. \$8.29

PLUOTS

Various Local Growers, California



\$5.49 ^{lb}
Reg. \$6.99

BARS

GoMacro



2/\$5 ^{2.3 oz}
Reg. \$3.69

Select Varieties

CORVINA RED WINE

Scaia



\$4 off ^{750 ml}
Reg. \$17.99

BULK NUTRITIONAL YEAST

Red Star



\$9.49 ^{lb}
Reg. \$11.99