

Fresh

WEEKLY SAVINGS

SACRAMENTO NATURAL
FOODS CO-OP
Locally Owned Since 1973

AUGUST 7 - AUGUST 13



ORANGE AND YELLOW WATERMELON

Full Belly Farm,
 Guinda, CA

Local

Organic

\$1.99 *lb*

Reg. \$2.49

BUNCHED CARROTS

Various
 Growers, CA

Organic



2/\$6 *ea*
 Reg. \$4.99

NON-GMO BONELESS PORK CHOPS

Beeler's



\$5.99 *lb*
 Reg. \$7.99

YELLOW NECTARINES

D.E. Boldt,
 Parlier, CA

Organic



Local **\$5.49** *lb*
 Reg. \$6.99

**MIDNIGHT MOON
AGED GOAT MILK
CHEESE**

Cypress Grove



\$8 off lb
Reg. \$39.99

BUNCHED BASIL

Various Local
Growers, CA



\$2.99 ea
Reg. \$3.99

**DAIRY FREE
GARDEN VEGGIE
CREAM CHEESE**

Kite Hill



\$5.99 8 oz
Reg. \$7.99

**GRAIN FREE
FETTUCCINE**

Cappello's



\$7.99 9 oz
Reg. \$10.99

CIDER

Lassen Cidery



Select Varieties

\$13.99 750 ml
Reg. \$17.99

**WAGYU FLANK
STEAK**

First Light



\$12.99 lb
Reg. \$16.99

**LOUISIANA PORK
HOT LINKS**

Co-op Crafted



\$5.99 lb
Reg. \$7.99

**MIXED VARIETY
SQUASH**

Various Local
Growers, CA



\$3.99 lb
Reg. \$4.99

**SPICY CABECOU
GOAT CHEESE**

Laura Chenel



\$9.99 6.2 oz
Reg. \$12.49

**BUNCHED RED
RADISH**

Various
Growers, CA



\$2.29 ea
Reg. \$2.99

**MARINATED
BONELESS
CHICKEN BREAST**

Co-op Crafted



\$6.99 lb
Reg. \$8.99

**GREEN TEA
FLAVORED VODKA**

Charbay
Distillery



\$10 off 1e
Reg. \$38.99

PROBIOTIC JUICE

Good Belly



Select Varieties

\$3.29 32 oz
Reg. \$4.49

FETA CRUMBLE

Organic Valley



\$5.99 4 oz
Reg. \$7.99

**LACTOSE FREE
STRAWBERRY MILK**

Clover



\$2.99 32 oz
Reg. \$3.49