

# Fresh

WEEKLY SAVINGS

SACRAMENTO NATURAL  
**FOODS CO-OP**  
*Locally Owned Since 1973*

NOV. 13 - NOV. 19

## BUTTERNUT SQUASH



Terra Firma Farm  
 Winters, CA



**\$1.99** *lb*  
 Reg. \$2.99



### BRUSSELS SPROUTS

JSM Organics,  
 Aromas, CA



**\$4.99** *lb*  
 Reg. \$6.99

### ATLANTIC SALMON

Farmed



**\$5** *off/lb*  
 Reg. \$21.99

### CRANBERRIES

Greenbelle,  
 Wisconsin



**\$3.99** *8 oz*  
 Reg. \$5.99

**LOOSE CLIP TOP CARROTS**

Bunny Luv,  
Bakersfield, CA



**99¢ lb**  
Reg. \$1.29

**MAPLE BLUEBERRY PORK SAUSAGE** Co-op Crafted



**\$5.99 lb**  
Reg. \$7.99

**LEMONS**

Rainbow Valley  
Orchards,  
Fallbrook, CA



**3 for \$2**  
Reg. 99¢

**ROSEMARY HAM**

FraMani



**\$4 off/lb**  
Reg. \$18.99

**MAMMOTH PECAN HALVES**



**\$5 off/lb**  
Reg. \$15.99

**YELLOW ONIONS**

Phil Foster Ranch,  
San Juan Bautista,  
CA



**99¢ lb**  
Reg. \$2.79

**RED SIREN**

Kaserei Oberli  
Rislen



**\$5 off/lb**  
Reg. \$24.49

**PLANT BASED TURK'Y ROAST**

Gardein



**\$5 off**  
Reg. \$19.99

**HEAVY WHIPPING CREAM**

Clover



**\$4.69** 16 oz  
Reg. \$5.29

**LECCINO OLIVES**

Fresca Italia



**\$5.99** 14.8 oz  
Reg. \$7.79

**BEEF PATTIES**

Thousand Hills



**\$5 off** 32 oz  
Reg. \$24.99

**BLOOD ORANGE MARGARITA**

Flybird



**\$10.99** 750ml  
Reg. \$14.49

**HONEY GREEK YOGURT**

Greek Gods



**\$3.79** 24 oz  
Reg. \$4.99



Co-op groceries delivered  
in under two hours!

You Choose We Shop We Deliver



**SACRAMENTO NATURAL FOODS CO-OP**

OPEN DAILY FOR EVERYONE  
2820 R ST • SAC.COOP