

Fresh

WEEKLY SAVINGS

SACRAMENTO NATURAL
FOODS CO-OP
Locally Owned Since 1973

DECEMBER 18 - DECEMBER 31

NAVEL ORANGES

Blue Heron Farm,
Rumsey, CA

Organic

\$1.99 lb
\$2.99

DELICATA SQUASH

Various Local
Growers, CA



Local

Organic

\$1.99 lb
\$2.99

STEELHEAD TROUT

Farmed



\$14.99 lb
\$18.99

COLLARD GREENS

Various Local
Growers, CA



Local

Organic

2/\$5
\$2.99 ea.

PINOT NOIR

Rescue Dog Wines



Save \$8/750 ml
\$37.99

HOP ALONG CHEESE

Cowgirl Creamery



Organic \$31.99 lb
\$39.99

21/25 SHELL ON SHRIMP

Wild



\$12.99 lb
\$19.99

COSMIC CRISP APPLES

Cosmic Crisp, Washington



\$2.49 lb
\$4.99

PORK SPARE RIBS

Pure Country



\$5.99 lb
\$7.99

BLACKBERRIES

Green Belle, Mexico



\$5.49 6oz
\$6.99

RUSSET POTATO

Nature's Pride, Tulelake, CA



\$1.69 lb
\$2.79

MINI PANETTONE CLASSICO

Augusta Panettoni



\$4.99 3.52 oz
\$6.49

MALT & COLA

Lyre's



\$12.49 4-pk
\$17.49

DUNGENESS CRAB CAKES

Co-op Crafted



\$5.99 ea
\$7.99

FRENCH DINNER ROLL TAKE & BAKE

La Brea Bakery



\$3.69 12 oz
\$3.99

PORK BREAKFAST SAUSAGE WITH SAGE

Co-op Crafted



\$5.99 lb
\$7.99

PRIMOSALE PEPATO

Mignon



\$12.49 lb
\$15.99

TORRONE WITH SICILIAN PISTACHIOS

Aledi



\$11.99 5.3 oz
\$14.99

MIND BODY & SOUL COFFEE GROUND

Equal Exchange



\$9.99 12 oz
\$11.99