

Fresh

WEEKLY SAVINGS

SACRAMENTO NATURAL
FOODS CO-OP
Locally Owned Since 1973

JANUARY 1 - JANUARY 7

MEYER LEMONS

Various Local
Growers, CA



Organic



\$4.99 ^{lb}
Reg. \$7.99

GREEN CABBAGE

Super Tuber
Farm, Grass
Valley, CA



Organic

\$1.69 ^{lb}
Reg. \$2.49

STEELHEAD TROUT

Farmed



Save **\$4** ^{lb}
Reg. \$18.99

ORLANDO TANGELOS

B&J Ranch,
Thermal, CA



Organic

\$2.29 ^{lb}
Reg. \$2.99

YELLOW GINGER

Various Growers, Peru



Organic

Save \$8^{lb}
Reg. \$12.99

ANDOUILLE CHICKEN SAUSAGE LINKS

Co-op Crafted



\$5.99^{lb}
Reg. \$7.99

BROTH

select varieties

Bonafide Provisions



Organic

\$3.99^{32 oz}
Reg. \$5.49

CBD BEVERAGES

select varieties

ZenTopia



\$3.39^{16oz}
Reg. \$4.29

FAIR TRADE GREEN ZUCCHINI

Covilli Brand Organics, Mexico



Organic

\$1.99^{lb}
Reg. \$2.99

CHEVRE

select varieties

Montchevre



\$4.99^{4oz}
Reg. \$6.29

CASHEWGURT SOUR CREAM

Forager Project



Organic

\$3.49^{12 oz}
Reg. \$4.49

PORK SPARE RIBS

Pure Country



\$5.99^{lb}
Reg. \$7.99

FAIR TRADE JALAPEÑOS

Covilli Brand Organics, Mexico



Organic

\$4.49^{lb}
Reg. \$6.99

JUST LIKE PARMESAN WEDGE

Violife Vegan



\$4.99^{5.3 oz}
Reg. \$6.49

Save even more!
with Co+op Deals

coop™ deals

Pick up a copy at the Customer Service Desk!

SACRAMENTO NATURAL FOODS CO-OP

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SAVE UP TO 15%

Wellness
WEDNESDAYS

ON WEDNESDAYS, SAVE ON BODYCARE & SUPPLEMENTS
MEMBERS SAVE 15%, EVERYONE ELSE SAVES 10%