

Fresh

WEEKLY SAVINGS

SACRAMENTO NATURAL
FOODS CO-OP
Locally Owned Since 1973

JANUARY 8 - JANUARY 14

BUNCHED SPINACH

Various Growers,
CA

Organic

\$2.79 ea
Reg. \$3.99

NAVEL ORANGES

Blue Heron
Farm, Rumsey,
CA



Organic

\$1.99 lb
Reg. \$2.99

STEELHEAD TROUT

Farmed



\$14.99 lb
Reg. \$18.99

FAIR TRADE GREEN BEANS

Covilli Brand
Organics,
Mexico



Organic

\$3.29 lb
Reg. \$3.99

CHERRY AND GRAPE TOMATOES

Various Growers, Mexico



Organic

\$4.99^{lb}

Reg. \$7.99

LOUISIANA HOT PORK SAUSAGE LINKS

Co-op Crafted



\$5.99^{lb}

Reg. \$7.99

ITALIAN PARSLEY

Various Growers, California



Organic

\$1.99^{ea}

Reg. \$2.49

90/10 ORGANIC GROUND BEEF

Eel River



Organic

\$9.99^{lb}

Reg. \$12.99

RED SIREN

Kaserei Oberli Rislen



\$5 off^{lb}

Reg. \$24.49

NON-ALCOHOLIC SPIRITS

Lyre's



\$28.49^{700ml}

select varieties

Reg. \$35.99

SPARKLING WATER

Nixie



2/\$10

Reg. \$6.99

select varieties

RUM ALTERNATIVE

Ritual Zero Proof



\$7 off^{750ml}

Reg. \$33.99

D'AFFINOIS BRIE

Guilloteau



\$14.99^{lb}

Reg. \$18.99

SHARP CHEDDAR STYLE NUT CHEESE

Parmela



\$4.99^{7oz}

Reg. \$5.79

CURLY PARSLEY

Various Growers, California



Organic

\$1.99^{ea}

Reg. \$2.49

SWEET POTATO

Stahlbush



2/\$5

Reg. \$3.49

PINOT GRIGIO

Domini Veneti



\$4 off^{750ml}

Reg. \$17.99



Co-op groceries delivered in under two hours!

You Choose We Shop We Deliver



SACRAMENTO NATURAL FOODS CO-OP

OPEN DAILY FOR EVERYONE
2820 R ST • SAC.COOP