

# Fresh

WEEKLY SAVINGS

SACRAMENTO NATURAL  
**FOODS CO-OP**  
*Locally Owned Since 1973*

JANUARY 29 - FEBRUARY 4

## NAVEL ORANGES

Blue Heron Farm  
Rumsey, CA

Local

Organic

**\$1.99** <sup>lb</sup>  
Reg. \$2.99

### COLLARD GREENS

Various Local  
Growers, CA



Local

Organic

**\$2.79** <sup>ea</sup>  
Reg. \$3.49

### WAGYU CHUCK ROAST

First Light



**\$7.99** <sup>lb</sup>  
Reg. \$9.99

### MEYER LEMONS

Various Local  
Growers, CA



Local

Organic

**\$4.99** <sup>lb</sup>  
Reg. \$6.99

**ORLANDO TANGELOS**

B&J Ranch,  
Thermal, CA



*Local*

**\$2.29** *lb*  
Reg. \$2.99

**ROCK COD**

Wild, CA



**\$7.99** *lb*  
Reg. \$10.99

**IMMUNE SUPPORT SHOT**

Lumen



**\$2.99** *1.8 oz*  
Reg. \$3.69

**MOSCATO**

Sand Point



**\$9.99** *750 ml*  
Reg. \$12.99

**CHIPOTLE CHERRY CHICKEN SAUSAGE** *Co-op Crafted*



**\$5.99** *lb*  
Reg. \$7.99

**SPRING ONIONS**

Various Local Growers, CA



*Local*

**\$7.29** *lb*  
Reg. \$8.99

**WHITNEY CHEESE**

Jasper Hill



**\$8 off per lb**  
Reg. \$39.99

**TEQUILA REPOSADO** *La Gritona*



**\$12.50 off**  
Reg. \$60.99 *700 ml*

**BAGGED MANDARINS**

Wild Harvest, California



**\$4.79** *2 lbs*  
Reg. \$5.99

**PLANT BASED EGG SCRAMBLE**

Just



**\$6.49** *16 oz*  
Reg. \$8.49

**KEFIR**

Clover



*Local*

*Organic*

**\$5.49** *32 oz*  
Reg. \$6.49

**PLANT BASED BACON**

Lightlife Foods



**\$3.99** *5 oz*  
Reg. \$4.99

**JUICE**

RW Knudsen



*Organic*

**\$3.99** *32 oz*  
Reg. \$5.99

**BONELESS PORK LOIN CHOP**

Thousand Hills



**\$7.99** *lb*  
Reg. \$10.49

**SETE CEPAS ALBARINO**

Carballal



**\$11.99** *750 ml*  
Reg. \$15.49